



WYTHNOS GENEDLAETHOL PRYDAU YSGOL
NATIONAL SCHOOL MEALS WEEK

PRIF BRYD

MAIN MEAL

HAM CARTREF

HOME COOKED HAM

GYDA / WITH

BLODFRESYCH MEWN SAWS CAWS, PYS
A TATWS RHOST NEU HUFEN
CAULIFLOWER CHEESE, PEAS
AND ROAST OR CREAMED POTATO

PWDIN

DESSERT

RÔL HUFEN IÂ SIOCLED
GYDA SAWS FFRWYTH
CHOCOLATE ARCTIC ROLL
WITH A FRUIT SAUCE

DIWRNOD CENEDLAETHOL CINIO RHOST - DYDD MERCHER 14 TACHWEDD
NATIONAL ROAST DINNER DAY - WEDNESDAY 14th NOVEMBER